

**HAPPY HOURS**

EMPOWERING YOUNG MINDS



COURAGE CONFIDENCE CHARACTER



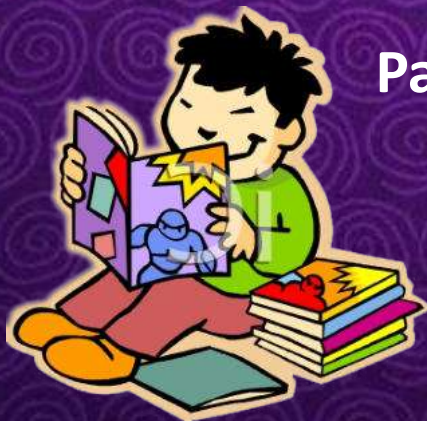
## **HAPPY HOURS NURSERY SCHOOL**

*Shaping Young Minds For Over 35 Years And Recognized As The Best Nursery School In Ulsoor*

**TEL: 25563664**

**[www.charans.in](http://www.charans.in)**

*Discover A Genius In Your Child With Us*



**Part of the Charan's Group of Institutions**

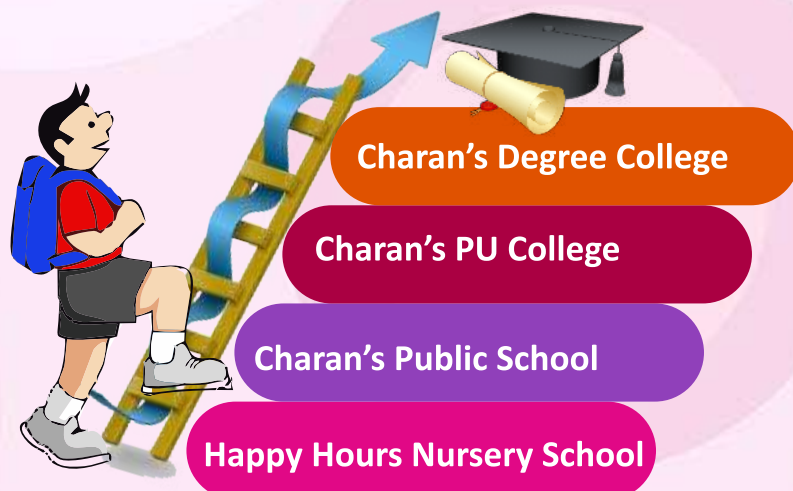
- Charan's Public School
- Charan's PU College
- Charan's Degree College

# HAPPY HOURS NURSERY SCHOOL



Welcome to Happy Hours Nursery School, a pioneer in adopting internationally acclaimed early childhood educational practices whilst imbining a core Indian value system in our children. We are a co-educational preschool specializing in children between 2.5 to 5 years.

Our story starts way back in 1980 when Happy Hours was established with a simple vision of making school, a second home for our children where they enjoy coming, learning and making new friends. Today we are recognized as one of the oldest and the best schools in Bangalore for early childhood development.



Our tiny tots are automatically transitioned from Happy Hours to their next school for Std 1 at Charan's Public School in Cambridge Layout, Halasuru. Once your child is admitted to nursery, you can be rest assured that we will show utmost care and affection towards your child till he or she gets a degree at Charan's PU and Degree College and ensure that he or she grows into a responsible member of the society.

# MISSION

- To be an excellent educational institution imparting knowledge with thrust on developing human values and the ability to cope with the growing demands of the globalization theme.
- To bring about the holistic development of the child, inculcating the eagerness to learn to think and contribute to the advancement of mankind.
- To be a distinguished provider of the highest quality of education providing the best facilities, guidance and support at each and every step.
- To create an environment that is open and welcoming, and one in which all individuals feel happy, safe and secure.
- To consistently innovate and incorporate novel methods of teaching, giving students practical exposure where possible, to face real world situations confidently.
- To safeguard and promote health, safety and welfare of all who study and work at our institutions and to support equality and diversity in all that we do.

## PHILOSOPHY AND CORE VALUES

A child's first experience of school should be both stimulating and exciting and Happy Hours aims to provide just that for your children. We believe in the philosophy that each child admitted in our care is capable of learning and achieving. We put in our best efforts to shape the mental, physical, emotional and social development of our children. They develop courage, confidence and character with good habits and manners.



## MESSAGE FROM THE PRINCIPAL

Dear Parents and Well-Wishers

Welcome to Happy Hours Nursery School.

This is your child's first step into the world of learning and I know how curious and anxious you are as a parent. I am here to assure you that Happy Hours is an environment where learning is awakened, thinking is stimulated and dreams are fulfilled. Over the years, our curriculum has evolved to adopt international practices that has helped Happy Hours promote inquiry based learning and help our children to explore, experiment and experience learning in a creative and a joyous environment. Our teachers stimulate our children to develop an aptitude to ask questions, experiment with ideas and learn at their own pace. You can be rest assured that your child will blossom into a confident, independent learner.

Once again, I extend my warm appreciation and welcome you to be a part of our growing family

Best Wishes,

R. Charubala, B.A. M.Ed. @Principal





## Why is Happy Hours the best nursery school for your child?

- ✓ A home for children since 1980 cared by a small family of educationalists and NOT a FRANCHISEE school.
- ✓ Teachers who have spent more than 20 years with us caring and nurturing y(our) young ones and are equipped with the latest international teaching practices.
- ✓ Student teacher ratio of 1:20 only ensuring complete personalized individual attention for your child.
- ✓ Recognized and approved by the Government of Karnataka ensuring smooth transition for your child to primary school.
- ✓ Part of Charan's Public School (Consistent 100% pass percentage in SSLC award from Govt of Karnataka), Charan's PU College and Charan's Degree College (Affiliated to Bangalore University).
- ✓ CCTV protected campus with Campus Watch Program to ensure safety of our loved ones.
- ✓ Regular complete health checkup for your child with detailed health card and well trained staff for first aid with ambulance and doctor on call.



# Infrastructure at Happy Hours

- ❖ Art and craft laboratory that brings your child's creative talents to life and serves as a canvas for your child's imagination.
- ❖ Smart board equipped classrooms with high-speed broadband Internet connection.
- ❖ Maths lab where UK based EYFS activities are conducted to improve numerical skills.
- ❖ Fully equipped children's library with a separate silent reading room.



- ❖ Colourful classrooms where walls vary based on a unique theme of the month concept.
- ❖ A comprehensive ongoing assessment system with continuous learning goals and measurable objectives help parents identify their child's progress over time.
- ❖ Toys library with an extensive selection of toys for gross and fine motor skills development.
- ❖ Computer corner and android tablets with digital educational software to help children strengthen their concepts.
- ❖ Puppet theatre with story based shows and festival celebrations.

- ❖ Happy gym, a fun circuit based gym for tiny tots to enjoy whilst exercise.
- ❖ Multi colored Ball pool with color recognition, shape sorting and number sorting activities.
- ❖ Sand pit and splash pool for children to de-stress and let loose (after all being a child is also not that easy!)
- ❖ Regular field trips that expose children to the outside world in a fun and an engaging manner.





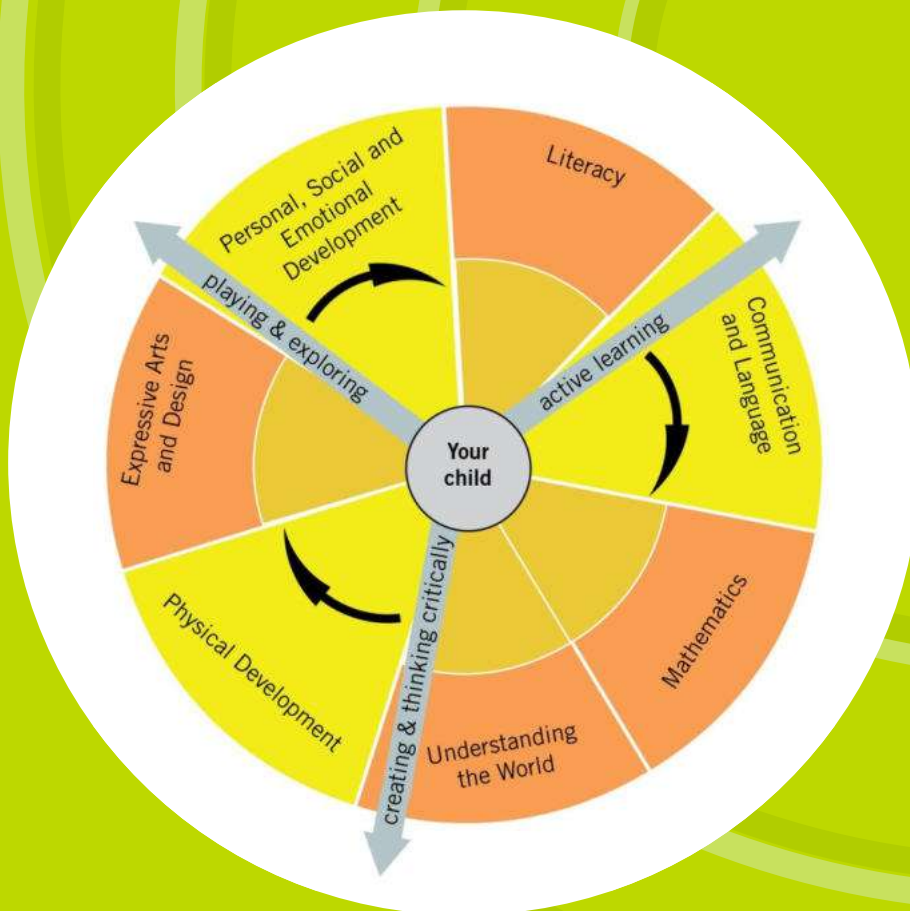
# The Early Years Foundation Stage

With a rapid increase in the number of playschools in Bangalore mostly *franchisee* based, the pattern in education they follow is largely western based and they take pride in the same.

We at Happy Hours believe that although international methods in education bring freshness in the curriculum, it is very important to remember that **our roots are Indian** and our rich cultural heritage and **traditional educational methods** have produced visionary leaders in the past.

Hence we have worked to infuse the best of both worlds in our curriculum to ensure that children take advantage of both. We are one of the oldest schools in India following an internationally acclaimed UK based learning method:

## BLENDING THE EARLY YEARS FOUNDATION STAGE PROGRAM EYFS AND TRADITIONAL PRACTICES AT HAPPY HOURS



The EYFS is a framework for children set up in the UK that clearly prescribes the welfare and developmental goals a child must achieve upto the age of five in a nursery school. With a vast experience of over 30 years handling tiny tots, our teaching methodology has been perfected over the years to draw the attention of a child, keep his mind engaged and make learning creative and fun.



# Happy Hours works on the Seven Principles of

Personal, Social and Emotional Development

Communication and Language Development

Physical Development

Literacy Development

Mathematical Development

Expressive Arts and Design Development

Understanding the Society Development



# Motor Skills Development and Enhancement

## ❖ Gross Motor Skill Development (walking, running, jumping, climbing, balance, strength)

Gross Motor development involves the larger, stronger muscle groups of the body. In early childhood, it is the development of these muscles that enable the baby to hold his/her head up, sit, crawl and eventually walk, run and skip.

Between the ages of 3 – 4 years, we ensure that our children can

- Run around obstacles
- Walk on a line
- Balance on one foot for 5 – 10 seconds
- Hop on his/her preferred foot
- Ride a tricycle
- Walk up and down stairs with alternating feet, without support
- Jump from 12 inches with feet together

Between the ages of 4 – 5 years, we ensure that our children can:

- Walk a balance beam forwards & backwards
- Balance on 1 foot for 8 – 10 seconds
- Skip, alternating feet
- Begin to jump rope
- Throw a ball to hit a target
- Jump back
- Hop 5 times on 1 foot
- Climb the rungs of a playground slide ladder

## ❖ Fine Motor Skill Development (coloring, cutting, beading, lego, drawing)

“Fine motor” refers to the movements we make with the small muscles of the hands. Their fine motor skills develop as their whole body starts to move and become more stable. They also learn to do more things with their hands as their cognitive and social/emotional skills improve.

Below are some of the typical developmental milestones for fine motor skills.

Between the ages of 3-4 years, your child will:

- Build a tower of 9-10 small blocks
- Use playdough to make balls, snakes, cookies, etc.
- Build things with large linking blocks
- Draw a circle by themselves.
- Start to hold a crayon or pencil with a mature grasp (like an adult)
- Cut across a piece of paper
- Start to cut along a straight line
- Put on most items of clothing by herself, but may still need help with shirts and jackets
- Feed himself well with a spoon and fork





# Programs Offered

To accommodate the requests of parents who entrust the care of their children in our hands, we conduct four shifts for the following classes

Please note that all admissions are based on the age of the child as on 31<sup>st</sup> May of the current year.

Nursery	-	2 to 3 years
Junior 1 (LKG)	-	3 to 4 years
Junior 2 (UKG)	-	4 to 5 years
Preparatory	-	5 years

The timings are

Morning shift	-	9.00 am to 11:45 am
Afternoon shift	-	12:30 pm to 3:00 pm
Extended shift	-	10:00 am to 3:00 pm
Full day shift	-	9:00 am to 3:00 pm



## Settling Period at Happy Hours

We want to make sure your child has the happiest start to school life at Happy Hours so we have put together a special plan to ensure this happens.

It is really important that the **teachers and parents work together** to guarantee this happens.

With all our years of experience and trials we now know that the best way for your child to separate from you, is with a confident farewell and to not stay too long. The longer the parent stays the harder it is for the child and for the teacher. If your child is very unhappy the teacher will always call you to request you to return back.

Each child is different and some children settle in very easily into school life, while others find it harder. Patience is key, as well as a consistent routine at home and at school, that really makes a big difference.

It is important that parents and staff communicate and work in partnership with each other to ensure we build a good foundation for your child's time at Happy Hours.



## A glance at some Activities.... Activities.... Activities....



### ❖ **Literary Activities:**

Story telling, R and R- Repetition and Rhyme, Poetry in Motion, Shopping with Words, Cook - booking, Greetings and Salutations role play etc.

### ❖ **Cultural Activities:**

Shadow puppets, annual day celebrations, colour day, festival celebrations, elocution, dance, drama and leadership role-play.



### ❖ **Science Lab:**

Children carry out simple experiments and learn science concepts using hands on exploration. Some examples are test-tube fun, sink or float, ice-cream science, bubble science, germ attack and many more...

### ❖ **Math lab:**

Hidden numbers, memory matching, shape and seek, abacus fun, critical thinking etc



## A glance at some Activities.... Activities.... Activities....



### ❖ **Artistic activities:**

Pattern matching, Color mixing, Mural painting, Animal collage, blotch painting, Puzzle mania, Color Wheel Hunt, Letter hunting, Number art and many more.

### ❖ **Sports activities:**

Sand pit, Water sports, Junior athletics, Junior football, Basketball, Box cricket etc



### ❖ **Music based activities:**

Children are encouraged in both group and solo events and are taught to identify sounds of various musical instruments learning via the media of song and enactment.

### ❖ **Sensory Development with Block play:**

Assorted kits of various blocks help children enhance their color, shape, size and weight recognition skills which in turn improves their memory, hand-eye co-ordination and judgement skills.



# A Typical day at Happy Hours

Everyday at Happy hours is a fun filled experience for children. It includes....

## CARPET TIME

Children chose their own activity during carpet time and providing this free time helps children unleash their creativity and explore their world around them.

## PLAY TIME

All work and no play makes Jack a dull boy ! Children enjoy this hour by playing various indoor (puzzles, blocks, beads) and outdoor games (slide, rockers, see saw & sand pit).

## ACTIVITY TIME

Children enjoy various activities such as show and tell, drawing, colouring, painting, activity sheets, phonic and numeracy worksheets and other activities that contribute to their overall development.



## STORY TIME

Our dear children are entertained with various stories by our dear teachers using audio, video and visual aids keeping the child engaged and curious. Puppet show, flash cards, smart boards and audio stores are some of the tools used to keep our children entertained.

## WATCH AND LEARN TIME

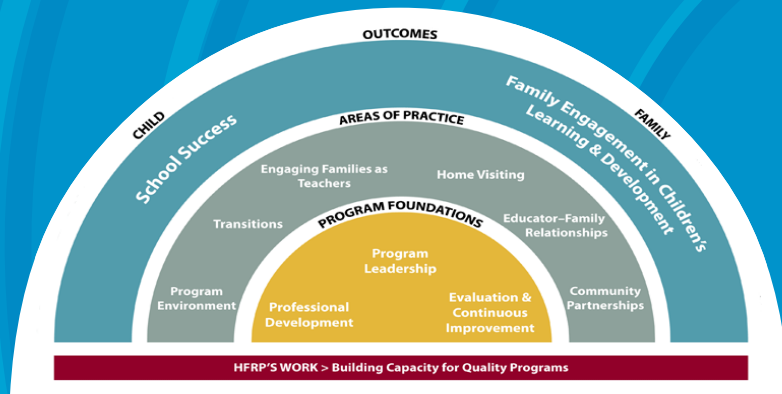
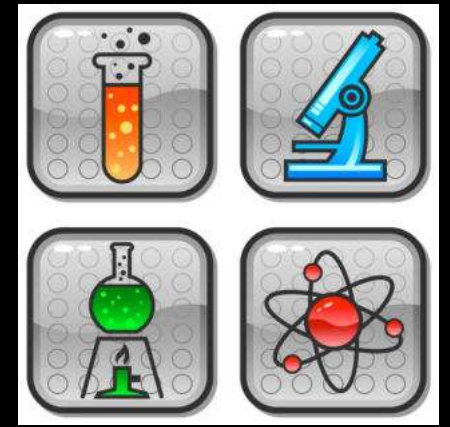
During this time, smaller children are taught to hear and observe bigger children around them recite rhymes, sing songs and listen to stories. This helps children gain confidence by observation and in turn improves their listening skills.

# HAPPY HOURS EARLY EDUCATION RESEARCH AND DEVELOPMENT CENTER

Being associated with Charan's Group of Educational Institutions helps Happy Hours bring together a great team of scholars and research associates who specialize in innovation in early childhood education.

Our R&D team based in Toronto, Canada and Cambridge, UK explore new and innovative concept based learning methods and help us blend it into our curriculum on a regular basis. A specialized team continuously works on Theory of Multiple Intelligence to continuously update our teachers in the FDP (faculty development programmes) conducted every term.

Some of our latest research methodologies include work from PEDAL (Cambridge, UK)-Centre for Research on Play in Education ,HFRP (Harvard Family Research Programme) and CRRU (Childcare Resource and Research Unit, Canada).



## HEALTH AND HYGIENE

At Happy Hours we believe that health and hygiene play an utmost important role in the well being of your child. When children are healthy, they are more enthusiastic, energetic and receptive to learning both inside and outside the classroom.

At Happy Hours, children are safe in a clean and a hygienic environment with our in house staff working continuously to keep the classrooms and the environment sparkling.

Our school doctor conducts a series of health check-ups annually for your child and a detailed health card is provided to every parent. Any parent wishing to meet the doctor is also given a one to one appointment to discuss any personal issue they might have with their child.





1. How do I know if my child is learning to speak and pronounce words correctly?

A: We take utmost care to ensure that the child understands the relationship between the spoken number, the symbol and the quantity. The child learns about shapes, sequencing and sorting through a combination of practical individual and group activities. Using the phonic method, sounds are gradually blended to form three (and more) letter words. Once a child is comfortable with 'sounding out' words, we progress to reading and writing.

2. How much writing will my child learn at Happy Hours?

A: Every child learns at his or her own pace. Our teachers take great care to ensure that letters and numbers are correctly formed. We encourage a firm pencil grip, creating smooth outlines and good clear shapes. Parents are always welcome to see their child's workbooks and the equipment they are learning to use.

3. My child is very shy at home. Will he come out of his shell at Happy Hours? How do you ensure that?

A: The children participate in a group singing and rhyme session every morning. They learn fun songs as well as traditional nursery rhymes but the underlying purpose of these sessions is to teach the children about working as a group, taking turns and listening to and following through instructions. During these lessons the children dance in their bare feet and learn about rhythm, posture, co-ordination and musical interpretation.

4. Will I be able to see my child's creative work at school?

A: There is a daily art/creative work session when the children have the chance to discover a wide range of creative activities. An art and craft exhibition for parents is arranged every year for the parents to come and visit the school. You will be invited to view a display of your child's work and discuss his or her progress.

5. How do I know if my child is progressing at the right pace for his age?

A: Detailed records for each child are kept at Happy Hours, and parents will receive a progress report at the end of every term. Parents are regularly updated by SMS on important announcements and emergency closures.

## Some testimonials from our dear parents

# TESTIMONIALS

“I am very happy to say that I have seen a lot of changes in my child after she started attending Happy Hours. We were quite concerned with our child's reserved behaviour, but after she started attending Happy Hours she has become very talkative and social in nature. She even keeps humming the rhymes at home. She waits for weekends to get over just to go to school. We are very happy....” Tejashwini, mother of Sanjana (Nursery Blue)

“I was thrilled to see my child participate in many activities and win certificates during sports day, and so did all her friends. Every child is a winner at Happy Hours.” Mrs Lakshmi, mother of Navya (Junior 1 Gold)

“My son has become very confident in writing and even tells me stories at night that he learns everyday at school. All the credit goes to Happy hours for their excellent and systematic coaching ” – Mr Bhasker, father of Varun(Junior II Brown)

“My son comes home and tells me about everything he has learnt in school. It amazes me to see how such small children can grasp so many concepts at one time! Kudos to Happy Hours for their innovative concept based learning ” – Mr Prakash, father of Deepak (Preparatory)





CONTACT US

# HAPPY HOURS NURSERY SCHOOL

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